

FROM THE PIT TO PRAISE

Learning to Lament

Stages of Lament	Psalm 13	Personal Lament
Turn To God: <div></div>		
Bring Your Complaint: <div></div>		
Ask Boldly: <div></div>		
Choose To Trust: <div></div>		

Notes:

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Notes:

¹ How long, O LORD? Will you forget me forever?
How long will you hide your face from me?

² How long must I take counsel in my soul and have
sorrow in my heart all the day? How long shall my
enemy be exalted over me?

³ Consider and answer me, O LORD my God; light up
my eyes, lest I sleep the sleep of death,

⁴ lest my enemy say, "I have prevailed over him," lest
my foes rejoice because I am shaken.

⁵ But I have trusted in your steadfast love; my heart
shall rejoice in your salvation.

⁶ I will sing to the LORD, because He has dealt
bountifully with me.

Psalm 13

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